



FIRST AID KIT CHECKLIST

- An assortment of bandages.

- Cotton wool packs.

- Safety pins.

- Rolled elastic bandages.

- Sterile pads.

- Clinical thermometer.

- Antiseptic cream.

- Painkiller (aspirin).

- Mosquito lotion (Calamine).

- Tweezers.

- Scissors.

- Cream or spray to relieve insect bites.

- Log book to record injuries.
